أكاديمية أبو ظبي للضيافة Abu Dhabi Hospitality Academy

♦ Les Roches



Congratulations on your acceptance to Abu Dhabi Hospitality Academy - Les Roches in the UAE!

This guide is divided into five steps to help you arrive on campus safely and well prepared.

We advise you to complete the steps in sequential order. Each step contains a checklist of tasks, which you can cross off as you complete them.

•

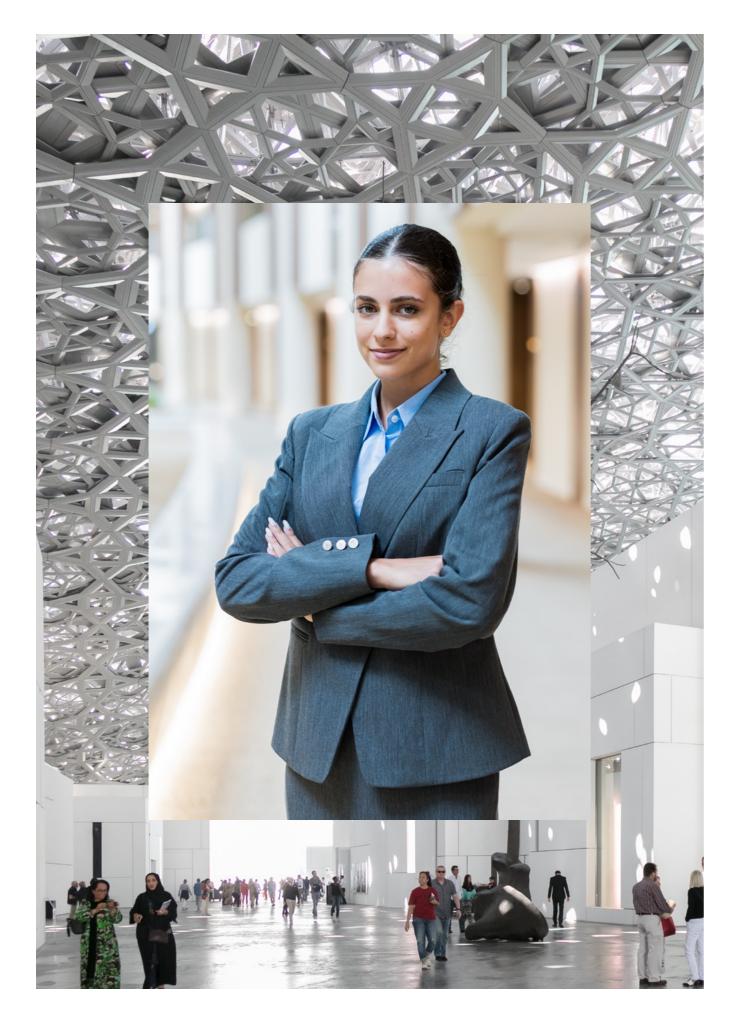
Step 1
On receiving your acceptance letter

Step 2
In the weeks before you leave

Step 3
Getting ready for departure

Step 4
Your arrival to campus

Step 5
Succeeding in your studies



Checklist

On receiving your acceptance letter

- Pay the fees according to the payment scheme
- Visa Application
- Book your accommodation

In the weeks before you leave

- Receive your visa
- Book your flight ticket
- Complete your arrival information on the applicant portal (for pick up on official dates)
- Save emergency number mentioned in page 8

Getting ready for departure

- Make sure to bring your passport and visa
- Bring 2 passport sized photos
- Pack important items in your luggage
- Pack an international adapter (if applicable)

Your arrival to campus

- Pick up at the Abu Dhabi international airport
- Get a free local SIM card at the airport
- Luggage in UAE
- Time Zone
- Public Transportation
- Get comfy in your room
- Get ready for your orientation program

Succeeding in your studies

- Start your classes
- Learning resources

• Get involved in campus life

Health, safety and wellbeing

Academic support

Concierge service

Student affairs

(SGA, Ambassadors, Houses)

Pre-arrival guide On receiving your acceptance letter

Step 1 On receiving your acceptance letter

Pay the fees according to the payment scheme

Upon receipt of your acceptance package, make the necessary arrangements to complete the payments according to the proforma invoice received.

Visa Application

All international students require a Residence Visa to study at our Academy. This visa can be sponsored by either your parent/legal guardian if they are residing in the UAE or by our Academy.

Visa Processing:

The Academy's Admissions Department will handle your visa application once you're accepted into a program. Processing typically takes around 4 weeks. An electronic entry visa will be issued by email (GCC nationals are not required an entry visa).

Once Arrival in the UAE:

Students will undergo a medical examination to finalize paperwork. All international students, including those from GCC countries, must apply for an Emirates ID Card in Abu Dhabi.

Book your accommodation

Accommodation is not compulsory while studying with us. However, it is highly recommended for international students during their first semester while their residence visa and Emirates ID are being processed. Our Academy has partnered with the Rotana Group to offer various long-stay options within their facilities, located just 3 km from our campus. For detailed information, please refer to our digital brochure: https://brochure.lesroches.edu/les-roches-abu-dhabi-accommodation/



Step 2 In the weeks before you leave

Receive your visa

Once your entry visa has been issued, our team will share it via email and application portal.

Book your flight ticket

Please remember to book your flight ticket to arrive exactly on the date shown in your acceptance letter.

Complete your arrival information on the applicant portal

Please complete the arrival form on the applicant portal at least 10 days prior your arrival. If you need to be picked up, an organized bus will drive you to the campus. Please note this service is available only if arriving on official arrival dates. Link to the portal: https://sommeteducation.my.site.com/aex2/s/login



Campus registration hours

Campus registration is open from 9:00 am to 4:00 pm on official arrival days (see your acceptance letter). Students who arrive to campus after the official arrival date will need to complete their full check-in procedure the following day.

Phone: +971 50 452 0685

Please add this number to your mobile phone before leaving home for you to reach us in case of delays or difficulties.

Early Arrivals

Please be aware that the campus will not be able to accommodate students arriving earlier than the official arrival dates. Students arriving earlier thanthe official arrival date may arrange their own transportation to the accommodation.

Connect with us!

Connect with students from your class by joining the WhatsApp group that will be created right before the semester (you will receive a newsletter with indications on how to join).

Follow Les Roches on Instagram and TikTok. Look for @ lesrochesabudhabi and lesroches.edu



Step 3 Getting ready for departure

Ensure you bring your passport and visa

For students arriving with an entry visa, ensure you print your electronic visa and carry it along with your passport. Your passport must be valid for at least six months beyond your date of entry.

All international students should bring 2 passport photos to complete your residence visa.

Pack important items in your luggage

- Passport
- Any medication you are taking
- Carry enough money in AED We recommend approximately AED400 - Emirati Dirham for your first few weeks or a credit card that can be used in the UAE
- Follow the dress code and casual guidelines on dress in
- Pack your personal laptop and power cable

Pack an international adapter (if applicable)

Make sure to bring an international adapter because UAE might not have the same plug as your home. This is the UAE plug format:





Recommended packing list



Clothing

- 5 White, long sleeved, button down shirts
- 2 Pair of black trousers and/or skirts for practical service courses
- 2-3 Business suit
- 1-2 Ties or bow ties (for men)
- 5 Shirts: t-shirts, polos, blouses, etc.
- 3-5 Pants/skirts: trousers, khakis, jeans, skirts, etc.
- 5 Sweaters/sweatshirts: light and warm sweaters and sweatshirts, V-necks to wear with suit
- 1-2 Coats: one for rain or wind, one for colder nights
- Sports wear
- Swimsuit

Socks/stockings

10 Approximately (bring at least 5 black pairs for business attire) Ladies: if you like to wear skirts, bring at least 5 pairs of neutral or black colored tights/pantyhose



Formal wear

A dress or two for ladies, or nice trousers and a shirt for gentlemen.

For GCC citizens:

Men are expected to dress in a white, clean, pressed, and tidy Kandura, paired with a Ghutra and Egal.

Women should wear a plain, clean, well-maintained, and closed Abaya and Sheila that are not form-fitting. Conservative business attire should be worn underneath.



Clothing for Cultural Night

Traditional attire, or clothing representing your country.



Shoes

- 1 Pair of comfortable black leather shoes for practical courses
- 1 Set of black trainers
- 1 Pair of nice high heels for ladies
- 1 Pair of business shoes for men



Essentials

Only towels for beach will be need it.

Personal bathroom supplies

Toothbrush, toothpaste, deodorant, shampoo, conditioner, hair brush, gel, etc.

First aid

Insect repellent and sun block.

If needed:

Prescription medication/allergy medication. Extra contact lenses and saline solution or an extra pair of glasses.

Miscellaneous

International adapter, hair dryer, small nail clippers, sewing kit, safety pins and ear plugs.



Other goods

- Passport, 2 copies of passport, credit cards and ATM cards
- Small bag or backpack for weekend trips/carrying books etc.

Digital goodies

Laptop, iPod player, camera, etc.

Basic stationary

Notebook, pens, pencil, USB drive.

Business professional attire Female student



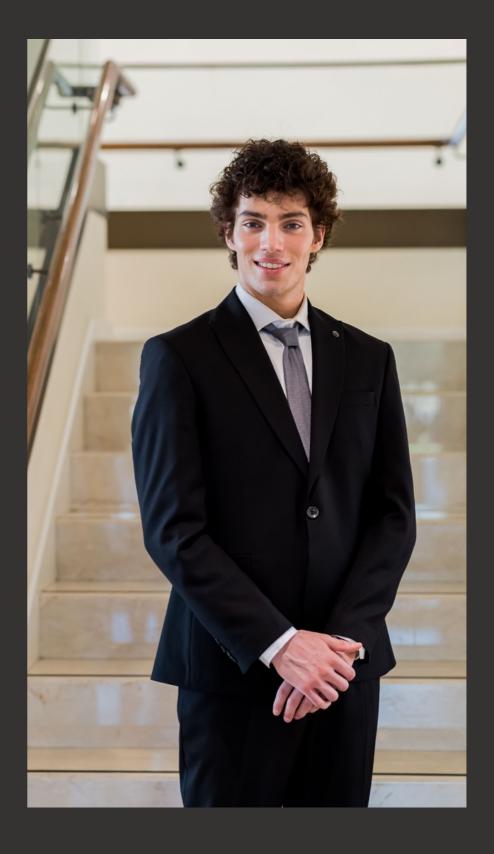
Business professional attire Female student



Business professional attire Male student



Business professional attire Male student



Business professional attire Female student



Allowed

Color

Colors may be worn but should be professional and color coordinated pinstripe, plain or plaid.

Hairstyle, Make-up, Jewelry

Long hair must be kept neat and tidy.

Make-up must be natural and discreet.

Non-obtrusive jewelry (Special rules may apply for Practical Arts courses).

Clothing

Jacket is mandatory unless specified by a formal communication from the campus team.

Blouses or tops with long sleeves, short sleeves, round and V –neck tops, conservative.

Blouses should be fitted but not skin tight and no longer than the jacket.

Pullover of Plain and discreet color worn under a jacket.

Fine neck-ties or business scarves worn around the neck.

Business trousers full length or just above ankle.

Skirts and dresses with a length no shorter or longer than one credit card height (8cm) below the knee.

Footwear

Shoes must be polished, professional, closed and limited to two colors (black, brown, grey, navy blue, burgundy).

For Practical Arts, shoes must be professional and black.



Not Allowed

Color

Fluorescent colors

Obtrusive color combinations.

Hairstyle, Make-up, Jewelry

Unnatural hair colors.

No loose hair in Practical Arts; must be tied back in a bun.

Bright unusual lipstick colors.

Piercings and other face-jewelry (nose, tongue, lips,

No name badge for students.

Clothing

Cardigan instead of a jacket.

Tops with spaghetti straps, with midriff showing, deep V-neck either in front or in the back.

Transparent blouses or tops with visible underwear, T-shirt.

Woollen or Other thick scarves.

Skin tight trousers, jeans of any color or leggings, bermuda shorts, shorts.

Mini skirt, skin-tight skirts, long skirts or dresses.

Blouse or top hanging below hem of jacket.

Ankle socks.

Footwear

Boots, sneakers, sports shoes, sandals, slippers, open shoes, flip-flops.

Platform shoes or wedge heels.

Business professional attire GCC Female student

Attire

- Clean and pressed plain closed Abaya and Sheila which should be worn during business hours and in class.
- Closed shoes with low heels. Should always be clean and polished.

Grooming

- Hair should be tied back neatly.
- Avoid extreme hair colouring and excessive hair accessories.
- Dark or bright eye shadow and lipstick should be avoided, if wearing makeup, a neutral or natural look is advised.
- Fingernails must be clean, short and well trimmed.
 Avoid nail art or bright polish. If you are enrolled on operational/food and beverage courses, nail polish is not allowed.
- If applying deodorant or perfume, it should be very light.
- You should not have any visible tattoos or body piercings.
- Jewellery should be minimal and subtle. Avoid dangling and fancy ornaments. If you are enrolled on operational/ food and beverage courses, jewellery are not allowed.

Business professional attire Male student



Allowed

Color

Colors may be worn but should be professional and color coordinated pinstripe, plain or plaid.

Hairstyle, Make-up, Jewelry

If hair is short, it is to be cut above the collar. If hair is long, it is to be tied in a hair bun/ponytail. Hair needs to be styled and well-kept.

Facial hair must be maintained daily.

Reasonable length beards, goatees and moustaches are acceptable as long as they show clear signs of daily up-keep (shaved sides, clear lines), and only if grown prior to the start of the semester.

Clean shaven if no beard.

Beard acceptable nearly trimmed.

Jewelry must be non-obtrusive, no more than 3 pieces (watch, ring, necklace or bracelet).

Clothing

Jacket is mandatory.

Business tie or bow tie is mandatory.

Shirt must be discreet pattern, long-sleeved, tucked in, cuffs buttoned, tie well-adjusted.

Short sleeved shirts are allowed during hot period (through communication from the campus team).

Pullover with V-neck collar or a waistcoat worn over a shirt with a tie and under a jacket of plain and discreet color.

Pocket handkerchief is allowed.

Business trousers are mandatory.

Footwear

Shoes must be polished, professional, closed and limited to two colors (black, brown, grey, navy blue, burgundy).

For Practical Arts, the shoes and socks must be black.

Mid-calf/crew socks are compulsory.



Not Allowed

Color

Obtrusive color combinations.

Fluorescent colors.

Hairstyle, Make-up, Jewelry

Unnatural hair coloring.

Ponytails/buns in BBAI.

Facial hair must not be grown during the semester.

Beards are not allowed at all when in BBAI.

Stubble.

Visible piercings.

Earrings.

Obtrusive jewelry.

No name badge for students.

Clothing

Cardigan instead of a jacket.

Shirts or jacket with Mao collars.

Shirts untucked; rolled-up sleeves.

Fancy motif ties.

Dockers, Bermuda shorts, skin-tight pants, jeans, three-quarter trousers, velvet or corduroy trousers.

Turtle neck pullover.

Footwear

Sport socks; socks with obtrusive patterns and colors.

Boots, sneakers, sports and leisure shoes, flip-flops or sandals.

Business professional attire GCC Male student

Attire

- Clean and pressed white kandorah with tarboosh, with salwar/baniyan.
- Gutra and agal.
- Sandals in clean and good condition.

Grooming

- Hair should be well kept and clean; short and cut above the ears and collar on a regular basis.
- Avoid extreme hair colouring, knotted/matted hair or designs cut into hair.
- Beards and moustaches should be kept well groomed at all time.
- Fingernails must be clean, short and well trimmed.
- Mild deodorants are advised. Highly perfumed or strong-smelling colognes, aftershaves and body spray should be avoided.
- You should not have any visible tattoos or body piercings.
- If you are enrolled on operational/food and beverage courses, jewellery is not allowed.

Your laptop

Pack your personal laptop

Students joining Abu Dhabi Hospitaltiy Academy - Les Roches will need to have individual access to our intranet website, which hosts student information, including support and teaching documents and other learning resources. You will also require access to the internet which is vital for access to online library resources, email and project research.

You need to bring your own laptop which must meet the specifications outlined below.

Bringing your own laptop

Software specifications

Windows

 Windows 10/11 Operating System English version (Windows 7 without using language's packages).
 Only Genuine Software Licenses are accepted.

Apple

- English native installation.

All

- Microsoft Office: You Will be eligible to download and install the MS Office suite (for free) using your school credentials. This license Will be valid only during the time you are a Les Roches Abu Dhabi active student.
- Internet browser (Internet Explorer, Mozilla Firefox, Google Chrome, Safari, etc.)
- Updated plugins (Java, Flash, Shockwave, etc.)
- Professional and updated Multi-Layered Anti-Virus protection (Kaspersky Anti-Virus, McAfee AntiVirus Plus, Norton Security, Bitdefender Total Security, etc.)

Minimum technical specifications

Any Mid-range processor with PassMark score higher than 1.200 points, You may check it on www.cpubenchmark.net. School's recommendation is Intel i5 Processor (or superior).

- -4GBRAM
- 100GB HDD space available
- Wi-Fi 802.11 g, n (2.4, 5 GHz) IT support

Apple

- English native installation.

The responsibility of hardware maintenance, purchase of all software, upgrades and support rests with the student. Les Roches can provide you with a list of local suppliers who Offer these services.

You are also encouraged to save your files on a Cloud solution (Dropbox, iCloud, Google Drive, etc), external hard disks or USB keys, it is recommended that all devices are checked for viruses on a regular basis.



Pre-arrival guide Your arrival to campus

Step 4 Your arrival to campus

22

Pick up up at Zayed airport in Abu Dhabi

For new students only, we Offer pick up service from Zayed International Airport, only on official check-in days.

To ensure that we are able to welcome you at the airport we ask you to register your arrival details on the portal as soon as you have your ticket confirmation (and no later than 10 days prior arrival) in order to benefit from this service. You'll find the form using the following link:

 $\underline{https:/\!/sommeteducation.my.site.com/aex2/s/Iogin/}$



Upon arrival at Zayed International Airport, please proceed to the baggage claim area to retrieve your luggage. Then continue through customs and exit into the arrival area where a member of the Welcome Team will greet you and take you the Academy.

Lost luggage

Should you lose your luggage, you should report this to the authorities within the airport immediately as per their standard procedure. You must provide them with the name, Phone number and address of the Academy campus, so that they can deliver the luggage directly to you once it has been retrieved. Should you need assistance, we will be happy to assist you.

Arrival on campus & check-in

On official arrival days, you will be guided through the necessary steps to complete the registration process when you arrive on campus. Please be aware that tuition and other fees must be settled in order to be officially registered for the semester.

Registration on campus is open from 9:00 am to 5:00 pm on official arrival days. Ifyou arrive on campus outside of your official arrival day, please mention this when you complete your arrival form and a member of our team will contact you.

You will receive important information during the registration process which will give you the necessary information regarding your orientation schedule, the facilities available on campus and how to get around the campus.

The orientation program is mandatory for all new students and is also a great opportunity to meet peers and make friends. You will receive a schedule for your arrival and orientation program and this will indicate the dress code for the sessions. For orientation activities, students will be required to follow the School dress code.

The local currency in UAE is the Emirati Dirham. We recommend that you arrive with at least 400 AED in cash or an international credit card to cover any immediate purchases that you would like to make before boarding the shuttle at the airport.

Open a bank account

It is advised that you open a private account at the local bank.

You can only open a bank account once your student visa and Emirates ID has been issued/finalised (4-6 weeks after arrival).

Get an Emirati Phone number

We recommend international students to get an emirati phone number upon arrival at the airport.

Calls in UAE

The international dialing code for UAE is +971.

Time zone

UAE operates on Gulf Standard Time (GST), which is UTC+4.

Public transportation

Public transportation in Abu Dhabi is well-developed and includes various options:

Buses: The Abu Dhabi bus network is extensive and covers most areas of the City and its outskirts. The buses are modern, air-conditioned, and affordable. There are also intercity buses connecting Abu Dhabi with Other emirates.

Taxis: Taxis are widely available and are a popular mode of transporte They are metered and relatively inexpensive compared to many Other cities. You can hail a taxi on the street, book one through phone apps, or find them at taxi stands.

Ride-Hailing Services: Services like Uber and Careem operate in Abu Dhabi, offering convenient and often more comfortable alternatives to traditional taxis.

Ferries: There are ferry services that connect Abu Dhabi with nearby islands, offering a scenic and relaxing mode of transport.

Rental Cars: Car rentals are readily available, giving flexibility for those who prefer to drive themselves. Abu Dhabi's roads are well-maintained and signposted in both Arabic and English.

Cycling and Walking: The City has been improving its infrastructure to support cycling and walking, with dedicated paths and pedestrian-friendly areas.

Public transportation in Abu Dhabi is generally efficient, safe, and user-friendly, catering to both residents and tourists.

Get ready for your orientation program

Following your check-in you will embark on a fun filled sessions of orientation: you will get to know your peers, the academy, the facilities, the programs and much more in an enjoyable, interactive and collaborative environment.



Pre-arrival guide Succeding in your studies

Step 5 Succeeding in your studies

Start your classes

After the orientation program, you will start your classes in earnest and get your Abu Dhabi Hospitality Academy - Les Roches journey up and running. We hope you Will be as excited as we are!

Learning resources

Abu Dhabi Hospitality Academy - Les Roches Learning Resources Center holds several subscriptions to support your studies and research.

Through our e-library you will find a great digital academic collection: e-books, articles, newspapers, trade journals, reports, statistics, country profiles, case studies, etc.

We'll always do our best to help you in your research, so please do not hesitate to ask for assistance by email: studysupport@lesroches.ae or by visiting the Learning Resources Center.

Health, safety and wellbeing

Health, safety and wellbeing are certainly the most important ingredients for a successful schooling and beyond!

Most of the time illnesses and accidents are unpredictable and happen anytime, anywhere and to anyone, resulting in days of absences, excessive fatigue and incapacity to focus on your studies.

Health insurance coverage is compulsory by law in the UAE. Therefore all students under the Academy's visa are automatically covered with the insurance provided by the school. This covers them for health and accident, while on campus and on internship. However, domestic students who choose to remain on their parents' visas must obtain their own health insurance and provide proof to the Academy. Students keeping their private health and accident cover are responsible for verifying that their documents are valid while in the UAE or abroad.

Medical care, counselling and guidance

Health & Wellbeing plays an important role in coordinating and planning medical care with the best health services nearby. Providing medical care, counselling and guidance about any health enquiries is our goal.

We value health promotion and preventive actions, therefore many activities are organised throughout the semester to help gain awareness about how best to mantain one's health and wellbeing.

Student counselor's services

The Student counselor's services are available to all students in the Abu Dhabi Hospitality Academy - Les Roches community. On occasion, we can all experience issues such as anxiety and stress. When facing difficult situations, the best advice is often given by someone who can look at the situation objectively. You will be given guidance and support with a sensitive approach and in a non-judgemental manner, whether the subject is of a personal or an academic nature. This service guarantees complete confidentiality.

Another contributing factor to students' success is a fair balance between social life and safety. The students' education in Abu Dhabi Hospitality Academy - Les Roches expands beyond its academic requirements; discipline and professional conduct are also part of this journey and Abu Dhabi Hospitality Academy - Les Roches wants students to lead by example by engaging in constant learning, self-reflection and develop resilience in order to maintain professional integrity. From arrival and up until their Graduation, students Will be demonstrated with a series of awareness information on how to lead successfully a responsible and professional behaviour on and Off campus and the Abu Dhabi Hospitality Academy - Les Roches' Security Department Will ensure this progression at its best.

Academic support

Academic Support is available to students who have a diagnosed learning difference such as dyslexia, Students are requested to provide documented evidence of a learning difference to the school to access the specialist support when applying to Abu Dhabi Hospitality Academy - Les Roches, Special accommodations in exams such as extra time, use of a computer, separate room, can also be arranged. The School Counselor also liaises with faculty to ensure that the relevant level Of support is provided to students in class/lectures.

Concierge Service

A new developed service in which you are able to book a variety of services such as transfers, rentals, beauty and wellness, leisure activities, entertainment, excursions, weekend plans, etc.

Student Affairs

The Student Affairs is here to guide you through your everyday life here in Abu Dhabi and assist in making each semester as interactive as possible. You can contact us via our email, phone, or of course by sitting down with us in our office.

We will assist you with everything relating to your UAE residence permit for those students with study visa, as well as many other non-academic administrative procedures. We will keep you up to date about what is going on in school and its surroundings through regular newsletters and emails. We are also heavily involved in the various clubs and houses competitions as well as the many events, activities and outings that take place throughout the scmester. So come in and see us any time!

Les Roches is not just a school, it's a way of life. It is a spirit of team work, solidarity and service.

Get involved in campus life

Actively participating in student life will greatly increase your experience on campus.

We boast a wide range of campus facilities as well as many clubs and houses creating events throughout the semester. We have different sports teams, individual sports, fun activities and cultural outings so you can never get bored. Joining the different clubs will increase your learning curve while sports and outings will give you the chance to wind down and give your brain a break. The Student Governance Association will provide you with a Wide variety of activities and leisure opportunities.

-arrival guide Weather

Abu Dhabi Campus



In Abu Dhabi we have four seasons:

		December to February
Winter	Avg High Temp C°	25°C during the day 15°C at night.
	Avg Low Temp C°	18°C during the day 10°C at night.
	Weather	Mild and pleasant with occasional rain.
		March to May
Spring	Avg High Temp C°	35°C during the day.
	Avg Low Temp C°	25°C during the day.
	Weather	Warm and dry, with possible sandstorms in May.
		June to September
Summer	Avg High Temp C°	Over 40°C during the day.
	Avg Low Temp C°	Above 30°C at night.
	Weather	Very hot and humid, especially along the coast. Sandstorms are common
Autumn		October to November
	Avg High Temp C°	35°C during the day, cooling towards November.
	Avg Low Temp C°	25°C during the day, cooling towards November.
	Weather	Warm and dry, with pleasant evenings.

Examples of events in the region

The UAE hosts a Wide range of local events throughout the year, celebrating its rich culture, heritage, and modern advancements. Here are some notable events:

Cultural and Heritage Events

Dubai Shopping Festival

A month-long festival featuring sales, entertainment, and cultural activities across Dubai.

Abu Dhabi Festival

A cultural event showcasing performances in music, dance, and visual arts.

Sharjah Light Festival

A festival that lights up Sharjah's landmarks with stunning light displays and shows.

Al Dhafra Festival

Celebrates Bedouin culture with camel beauty contests, traditional markets, and heritage activities in Abu Dhabi's Al Dhafra region.

Sports Events

Dubai World Cup

One of the richest horse races in the World, held at Meydan Racecourse.

Abu Dhabi Grand Prix

A Formula I race held at Yas Marina Circuit, featuring various entertainment activities.

Dubai Tennis Championships

An ATP and WTA event attracting top tennis players from around the world.

Dubai Rugby Sevens

A popular rugby tournament with a festive atmosphere and activities for all ages.



Shopping Festival



Shaikh Zayed - Heritage Festival



Formula 1

Music and Entertainment

Dubai Jazz Festival

Features performances by renowned jazz and contemporary artists.

Yasalam

A series of concerts and events held in Abu Dhabi, coinciding with the Formula 1 Grand Prix.

RedFestDXB

A two-day music festival in Dubai featuring international pop and electronic music artists.



Eid Fireworks

Religious and National Events

Ramadan

A holy month of fasting and reflection, with special prayers, events, and iftar gatherings after sunset.

Eid Al-Fitr

Celebrates the end of Ramadan with communal prayers, feasts, and family gatherings.

Eid Al-Adha

Commemorates the willingness of Ibrahim to sacrifice his son, marked by prayers and feasts.

UAE National Day

Celebrates the formation of the UAE with parades, fireworks, and cultural events.



Yas Marina Circuit

Expos and Conferences

GITEX Technology Week

A major technology event in Dubai showcasing the latest in tech innovations.

Abu Dhabi International Book Fair

A significant event for book lovers, featuring authors, publishers, and various literary activities.

Dubai International Film Festival

Showcases films from around the world, promoting regional and international cinema.



NBA in AbuDhabi -Etihad Arena

Activities in Abu Dhabi

Abu Dhabi offers a wide range of activities for students, catering to various interests from cultural experiences to adventure sports.

Here are some popular options:

Cultural and Historical Experiences

Sheikh Zayed Grand Mosque

Explore one of the largest and most beautiful mosques in the world.

Louvre Abu Dhabi

Visit this renowned museum showcasing art and artifacts from around the globe.

Qasr Al Hosn

Discover Abu Dhabi's oldest stone building and learn about the city's history.

Manarat Al Saadiyat

Engage with contemporary art exhibitions and cultural events.

Outdoor and Adventure Activities

Ferrari World Abu Dhabi

Enjoy thrilling rides and attractions at this Ferrari-themed amusement park.

Yas Waterworld

Experience exciting water slides and attractions at this popular water park.

Desert Safari

Go dune bashing, camel riding, and enjoy a traditional Bedouin

camp experience.

Kayaking in Mangroves

Paddle through the tranquil mangrove forests and explore the natural beauty.

Sports and Recreation

Yas Marina Circuit

Attend a Formula 1 race or participate in track days and driving experiences.

Abu Dhabi Corniche

Jog, cycle, or relax at this scenic waterfront area with parks and beaches.

Rock Climbing at Clymb

Try indoor rock climbing at one of the tallest indoor climbing walls in the world.

Scuba Diving and Snorkeling

Explore the underwater world with various diving and snorkeling opportunities.





Entertainment and Nightlife

Yas Mall Shop, dine, and catch a movie at one of the largest malls in Abu Dhabi.

Yas Island

Enjoy a vibrant nightlife with clubs, bars, and live entertainment venues.

Cultural Performances

Attend concerts, theater performances, and cultural festival at venues like the Abu Dhabi Cultural Foundation.

Educational and Community Activities

Workshops and Seminars

Participate in educational workshops, seminars, and talks at universities and cultural centers.

Volunteering

Get involved with community service and volunteer opportunities through local organizations.

Sports Clubs and Fitness Classes

Join sports clubs, yoga, or fitness classes to stay active and meet new people.

Relaxation and Leisure

Saadiyat Beach

Relax on the pristine beaches of Saadiyat Island.

Spa and Wellness Centers

Unwind with a spa day or wellness retreat at one of Abu Dhabi's luxurious spas.

Al Ain Oasis

Take a day trip to this UNESCO World Heritage Site and enjoy a peaceful walk through the oasis.

These activities Offer a mix of excitement, cultural enrichment, and relaxation, ensuring that students can make the most oftheir time in Abu Dhabi.

Stay connected with Abu Dhabi Hospitality Academy -Les Roches



Facebook Les Roches Abu Dhabi

Instagram @lesrochesabudhabi

X @lesroches_en

LinkedIn Les Roches

TikTok @lesroches.edu

Youtube @LesrochesEdu



أكاديمية أبو ظبي للضيافة Abu Dhabi Hospitality Academy

♦ Les Roches